

The Story of East Anglia

An Archaeological History from Earliest Humans to the Present Day

Session 5: Medieval and Post-Medieval East Anglia

The session offers an exploration of the changing landscape from the 11th century to the present day. Subjects covered include the development of country houses and landscape parks, the effects of the agricultural and industrial revolutions, and the impact of Parliamentary Enclosure. The session ends by considering the legacy of 20th-century conflicts in the region.

Period Overviews

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Dymond, D. and Martin, E. (eds) 1999. *An Historical Atlas of Suffolk*. Third edition. Suffolk County Council.

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The Medieval Landscape

Popescu, E. 2009. *Norwich Castle: Excavations and Historical Survey 1987–98*.
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Hoggett, R. 2018. *The Abbey of St Edmund: Heritage Assessment*.
<http://www.richardhoggett.co.uk/the-abbey-of-st-edmund/>

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Roberts, B. and Wrathmell, S. 2003. *Region and Place: A study of English rural settlement*. English Heritage.
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The Luttrell Psalter

<http://www.bl.uk/turning-the-pages/?id=a0f935d0-a678-11db-83e4-0050c2490048&type=book>

http://www.bl.uk/manuscripts/FullDisplay.aspx?index=2&ref=Add_MS_42130

Historic Maps

The National Library of Scotland: <https://maps.nls.uk/geo/find>

Norfolk Historic Map Explorer: <http://www.historic-maps.norfolk.gov.uk/>

Designed Landscapes

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Rippon, S. 2012. *Historic Landscape Analysis: Deciphering the Countryside*. Council for British Archaeology.

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20th-Century Conflicts

Cocroft, W., Schofield, J. and Appleby, C. 2015. *The Home Front in Britain 1914–1918: An Archaeological Handbook*. Council for British Archaeology.

Cocroft, W., Thomas, R. and Barnwell, P. 2005. *Cold War: Building for Nuclear Confrontation 1946–1989*. Historic England.

Goulding, P. with Clarke, A. 2021. *The Cold War in the Brecks*. The Breckland Society. <http://www.brecsoc.org.uk/wp-content/uploads/2021/05/Cold-War-Brecks-Report.pdf>

Liddiard, R. and Sims, D. 2014. *A Guide to Second World War Archaeology in Suffolk*. <https://heritage.suffolk.gov.uk/second-world-war-guidebooks>

- Guide 1: Lowestoft to Southwold
- Guide 2: Walberswick to Aldeburgh
- Guide 3: Orford to Felixstowe
- Guide 4: Stop Lines

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Wilson, J. 2014. *Cold War East Anglia*. The History Press.